

Thursday 9<sup>th</sup> May

Dear Parent/Carer,

As you know, the NSPCC visited our school today and delivered their **Speak out. Stay safe.** service to share information with your child about how they can keep themselves safe from harm and get help if they have any worries. Every child that attended today will receive a thank you in the form of a 'Speak out. Stay safe' Buddy sticker. We want them to wear it with pride.

It was a very worthwhile and empowering visit for both pupils and teachers. The charity spoke to the children and staff about the valuable work they do across the country, and talked about how important it is for everyone in our school community to join them in their quest to ensure every child can Speak out and Stay safe.

### **Talking about the Underwear Rule with your children**

The NSPCC's work in schools will help encourage conversations about staying safe – they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at **[nspcc.org.uk/pants](https://nspcc.org.uk/pants)**

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website **[nspcc.org.uk/preventing-abuse/keeping-children-safe/](https://nspcc.org.uk/preventing-abuse/keeping-children-safe/)**

Yours sincerely,



Corinne Martin

Head Teacher