



September 2018

Dear Parent or Carer

### **Measuring height and weight of children in Year 6**

Every year in England, children in Reception and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP).

Your child's class will take part in this year's measurement programme. The measurement will be supervised by trained staff from your School Nursing Team. The results will not be visible to your child. Routine data, such as your child's name, and date of birth will also be collected. The records of children's heights and weights will be made anonymous before being sent for analysis by Public Health England and will be stored locally on child health records. All information and results will be treated confidentially. Your Head Teacher has agreed that this will happen in your child's school, you can contact your school to find out when we will be visiting.

Children will not be made to take part on the day if they do not want to.

### **Opting your child out of the programme**

If you are happy for your child to be weighed and measured, you do not need to do anything. If you do not want your child to take part, please let us know by completing the online form at: [www.glos-care.nhs.uk/SNScreening](http://www.glos-care.nhs.uk/SNScreening)

Alternatively please phone **0300 421 8225** within 2 weeks leaving a message with the details of your child's name, date of birth, address and the school they currently attend.

### **Receiving your child's measurement results**

We will not automatically inform you of your child's results, only if they are sufficiently underweight/overweight. In these instances, you will receive an intervention letter to offer you information and support.

If you would like to be informed of your child's results, please let us know by completing the online form at: [www.glos-care.nhs.uk/SNScreening](http://www.glos-care.nhs.uk/SNScreening)

Alternatively please phone **0300 421 8225**. Please leave a message with details of your child's name, date of birth, address, school they currently attend and your contact telephone number.



## Further information

Information about how NHS Digital and Public Health England collect and use information can be found at:

<https://digital.nhs.uk/about-nhs-digital/our-work/keeping-patient-data-safe/how-we-look-after-your-health-and-care-information>

and

<https://www.gov.uk/government/organisations/public-health-england/about/personal-information-charter>

Information about the organisations NHS Digital has shared information from the National Child Measurement Programme can be found at

<https://digital.nhs.uk/services/national-child-measurement-programme>

Yours faithfully

*Sarah Birmingham*

**Sarah Birmingham - Head of Children and Young People's Service.**

This letter is available in a number of other languages. Please call 0300 421 8225 to enquire about this.

## The National Child Measurement Programme For parents and carers of children in reception and year 6

As part of the National Child Measurement Programme, school nursing teams across England measure the height and weight of all children when they start primary school in reception, and again when they are in year 6.

This is because we want to continue to learn more about how children in England are growing.

### What will happen?



Your child will be asked to take off their shoes. They will be asked to stand on scales to be weighed. They will be asked to stand against the measuring stick so we can see how tall they are. We will then ask them to put their shoes back on. Your child will not be measured in front of other children.

### Will everyone know my child's weight and height?



The weight and height details are just for our National Child Measurement Programme. Nobody else will be told your child's weight or height.

### Will my child need to take off any clothes?



No, they will only need to take their shoes off.

### Does my child have to take part?



No, you can choose to opt out of the programme. If you do not want your child to be measured, please contact **0300 421 8225**